Mellow Drinks

sugar cane cola, diet coke, unsweet tea with refills:) 2

fresh ginger soda, grapefruit soda, limeade or lime soda, lemongrass tea, orange juice, no refills :(4

san pellegrino, no refills:(3/4

french press dark roast coffee no refills :(4, 6

kombulicious kombucha (obvy no refills ;) 4

iced coffee, no refills :(4 we have whole milk & almond milk, natural cane sugar and stevia

Draft Beer -check boards Boltles & Cans

ccb lager 4
el sully 4
j dub's poolside kolsch 4
funky budda floridian 4
sixpoint the crisp 5
terrapin sound czech pils 5
del's shandy 5

big top circus city ipa 4.5
hobo life session ipa 5
MIA megamix 5
oskar ipa 5
bp sculpin 6
bp gf sculpin 6
Kikusui Funaguchi sake 15
left hand ten fidy stout 9

we offer tastes of wines and beers on draft - if you order a beer or wine and don't like it we don't offer returns or exchanges, food issues will be handled similarly

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

Great Grapes -selections may change

Dibon Cava Brut 8/30

Licia Albarino 8/32

Zuccardi Malbec 8/28

Aveleda Vinho Verde 7/24

Hazana Rioja 9/35

True Myth Chardonnay 8/30

Paraiso Pinot Noir 10.50/42

Nautilus Sauv Blanc 9/34

Cercius cotes du rhone 9/32

Contratto Millesimato 45

prodigio sangiovese 10.5/42

stadt krems gruner v 8/32

sangria red or white 8 /32 white wine spritzer 8 grapefruit ginger sake cocktail 8 special cava mimosa 8 corkage 15

cake fee 10

we take reservations for parties of 5 or larger automatic gratuity of 20% added for large parties

WE DECIDE for you tasting

6 course 55/ 8 course 65 per person

the whole party must play and be flexible & open minded & ok with not knowing what the next course is going to be and NOT REQUEST SPECIFIC ITEMS-

if we are too busy we may tell you that we cannot offer the tasting

please understand, we are not fine dining, but a humble mom & pop shop serving international food with soul. our kitchen is small with 2 people cooking - no cut & paste with menu items please

Love At First Bite

\ Just Beet It 2.0 5/10 salad with bibb, arugula, pickled beets, cukes, sweet onion, chili agave toasted sunflower seeds & lemon sherry vin.

Soba Noodle Salad 5half/10full cucumber, edamame, marinated tofu, with sesame oil, rice vinegar, soy sauce, mint, & rooster sauce

Hunk A Meat 12 country pate with pickles, grainy mustard, carmelized onions and orange marmalade

Mushroom Manchego Toast 8half/14full shrooms and sherry cream

the Cheesy Nutball 8 manchego and cream cheese, pistachios, with grilled croutons

Vegan Yum Bowl 10 coconut polenta with shroom gravy, crispy onion, ginger & garlic, sprouts

BBQ Shrimp NOLA Style 19 shrimp with bread for dipping

Sloppy Seconds\

Scoop & Smile 10/19 curried chickpeas with pappadum & basmati

Chicken Adobo 10half/18full chicken stewed on the bone, soy sauce, brown sugar, vinegar, bay leaves, peppercorns & jasmine rice

Gnaughty Gnocchi 12half/24 full oxtail meat, san marzano tomatoes, basil and pecorino

Gumbo Del Dia - ask your server! (gumbo yumbo, gumbo eaten bayou, etc)

We-O Love The Guajillo 22 tender pork shoulder braised in guajillo-chipotle sauce with beans & rice

Sweeties For Afters

Dulce De Leche Custard 8 with candied cashews, caramel toast and banana jam

Dark Chocolate, Pistachio and Sea Salt Bark 7 drizzled with EVOO

Hot & Soul Tuesday - Saturday 5 -11ish

3045 N Federal Hwy Suite 60B Fort Lauderdale, FL 33306, 754-206-2155 www.hotandsoul.com eat@hotandsoul.com follow us on instagram for specials, ready after 6 pm daily @hotandsoul sunny hour drinks 5-7 Tuesday - Friday